

Coronavirus – Important Information

We kindly ask you review the questions below once a day the last ten days before your appointment. **Call us as soon as possible if it is plausible that your answer to any of the questions will be “yes” on the day of your appointment.** Our contact number will be found in your admission notice.

Please **fill in the form the day of your appointment and present the form unprompted in the access control.**

You can bring an escort if it is absolutely necessary for you to carry out your examination or treatment. Visits to patients admitted to the hospital is currently restricted, and must be cleared by the ward in advance. The visitor/escort must also be able to answer NO to the questions below.

| Questions to be answered before your appointment | NO | YES |
|--|----|-----|
| Are you in home isolation after having tested positive for coronavirus? | | |
| In the past 10 days. Have you experienced any of these symptoms of respiratory tract infection in the past 10 days? Fever, cough or shortness of breath? | | |
| In the past 10 days. Have you experienced newly acquired unexplained stomach problems combined with fever? | | |
| In the past 10 days. Have you developed any new symptoms of either a sore throat, muscle pains, loss of sense of smell or taste? | | |
| In the past 10 days. Has someone in your household tested positive for Coronavirus, such that you are currently in quarantine? | | |
| In the past 10 days. Have you been outside of Norway, such that you are currently in quarantine? | | |
| In the past 10 days. Have you been in close contact with anyone who has tested positive for coronavirus, such that you are currently in quarantine? | | |

If your answer to all of the questions above is NO, you are welcome to your appointment!

- Avoid using public transport if possible.
- Disinfect your hands upon arriving to and departing from the hospital.
- Perform hand hygiene frequently while in the hospital.
 - Especially after visiting the bathroom and after touching common contact points such as handrails, elevator buttons or doorknobs.
 - Always before eating and drinking.
- Avoid close contact with other patients. Maintain a 2-meter distance whenever possible, and always at least 1 meter. This does not necessarily apply during your treatment or examination.
- Please do not arrive unnecessarily early, and please leave the hospital as soon as possible after your appointment is finished.

